

## NEWMARKET 5K

Yet again the 5k will be held on the **Rowley Mile Racecourse** which is easy to find as it is just off the A1304, see below for various directions. For Sat Nav the best postcode is that of the racecourse conference centre which is CB8 0TF

### If travelling from London:

M11 exit at Junction 9 for the A11

Exit at A1304 for Newmarket

Travel along the A1304 for approximately 4 miles

The Rowley Mile Racecourse and Conference Centre is straight over the first roundabout, following the road signposted, Newmarket town centre, after travelling for just over one mile, take the first turning on the left.

### If travelling from Cambridge:

A14 towards Newmarket

Exit at the A1303 Stow-cum-Quy turning.

Travel along the A1303 for approximately 6 miles.

The Rowley Mile Racecourse and Conference Centre is straight over the first roundabout, following the road signposted, Newmarket town centre, after travelling for just over one mile, take the first turning on the left.

### If travelling from Norwich via A11:

From the Barton Mills roundabout follow the A11 for 9 miles

Exit the A11 at the A1304 slip road

Travel along the A1304 for approximately 2 miles

At the first roundabout (with the clock tower) go straight over and travel along Newmarket's high street.

For the Rowley Mile Racecourse and Conference Centre take a right hand turn when signposted to do so.

### If travelling from Ipswich via A14:

Follow A14 for Newmarket

Exit at the B1506

Travel along the B1506 for approximately 4 miles.

At the traffic signals, bear left onto the A1304

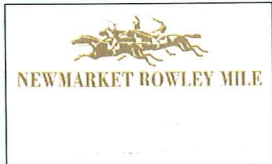
Travel along the A1304 for approximately 1 mile.

At the first roundabout (with the clock tower) go straight over and travel along Newmarket's high street.

For the Rowley Mile Racecourse and Conference Centre take a right hand turn when signposted to do so.

**Rowley Mile Racecourse**  
 Follow blue arrows →

Stetchworth Woodditton  
 London (A11) (M11)  
 Six Mile Bottom  
 A1304



Haverhill (B1061)  
 Horseracing Museum  
 National Stud

Clare B1063  
 Moulton  
 Long Stay

Exning (B1103)  
 Short Stay  
 No A&E  
 Leisure centre  
 Superstore



Newmarket A1304

Rowley Mile Racecourse and Conference Centre  
 Horseracing Museum

July Racecourse  
 National Stud

Stetchworth Woodditton

Cambridge (A14)  
 Bottisham A1303

Newmarket Town Centre  
 Horseracing Museum

Hospital  
 No A&E

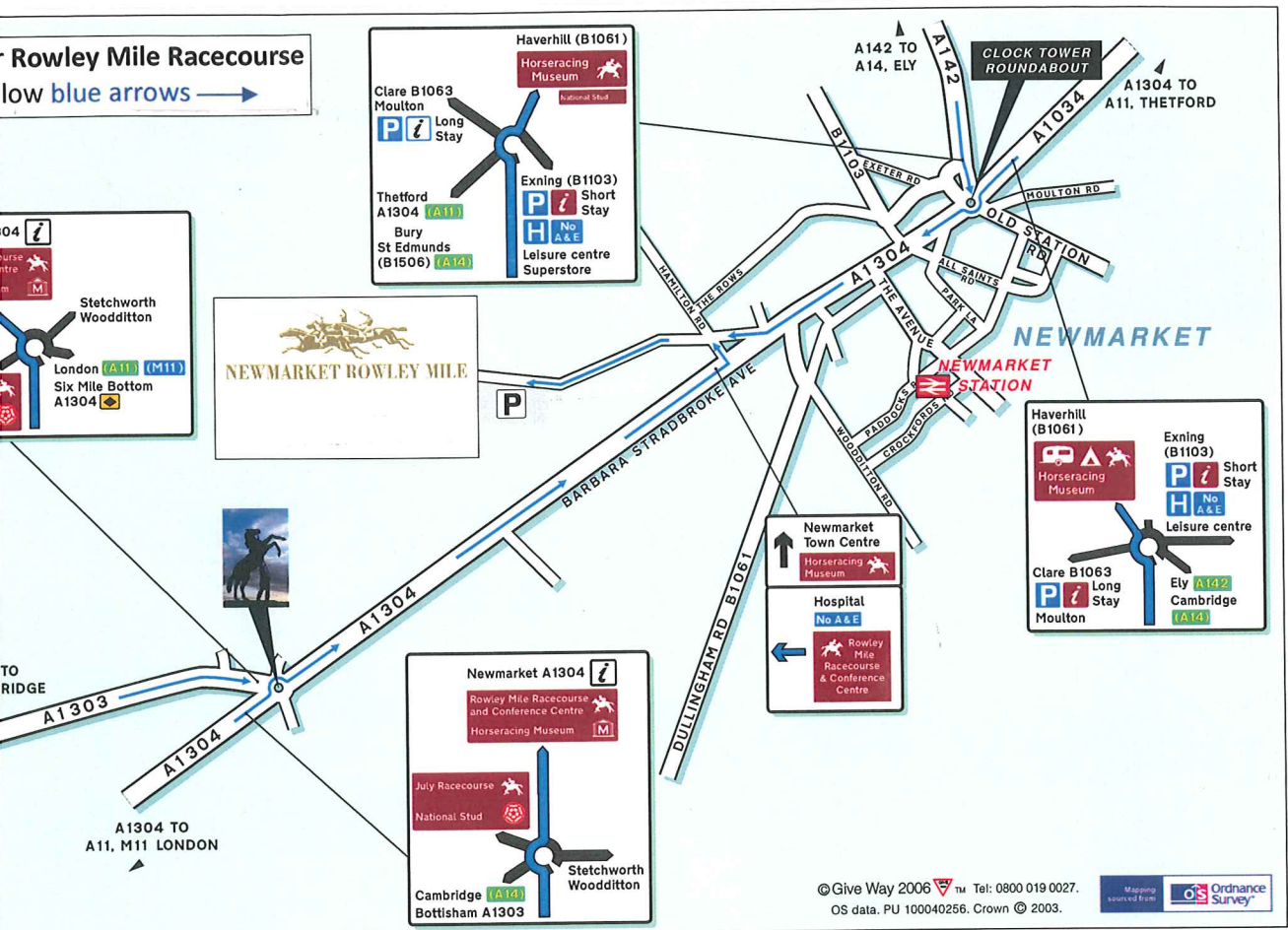
Rowley Mile Racecourse & Conference Centre

Haverhill (B1061)  
 Horseracing Museum

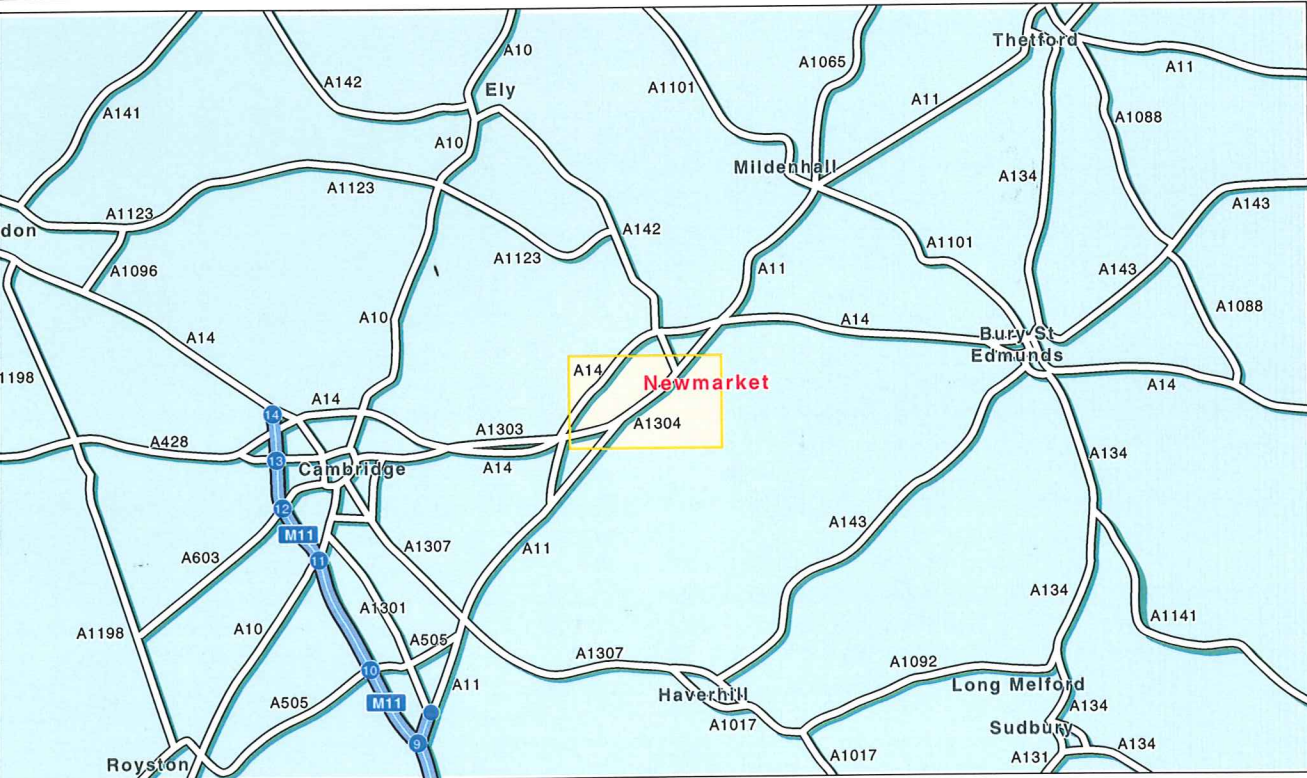
Exning (B1103)  
 Short Stay  
 No A&E  
 Leisure centre

Clare B1063  
 Moulton  
 Long Stay

Ely (A142)  
 Cambridge (A14)



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## NEWMARKET 5K

The presentation will be held in the **EXNING ROAD WORKING MENS CLUB** (for SAT NAV CB8 0AB) which is directly opposite Newmarket Leisure Centre just off the B1103 where food will be provided and the bar open. The orange arrow below highlights the location of the club. You can park at the club as it has a small car park in front and on the opposite side of road, or in the Leisure Centre where you can also use the downstairs changing (dry change) facilities if required. This venue is a approx mile from where the race will be held. For those that know the area you could park in the Leisure Centre prior to the race and jog/walk to the race which would take 10/15 minutes at a jog pace.

